



# Temple B'nai Abraham

Temple President

Brian Epstein

Rabbi

Julie Pfau

Sarah Siedel Sisterhood President

Robin Affrime

“The Temple Shofar”

August, 2016

## Temple Officers

### Temple President

Brian Epstein

### Executive Vice President

Charlie Weiss

### VP, Finance & Treasurer

Michael Rosen

### VP, Religious Committee

Marcia Rosen

### VP, Membership Devlp.

Kim Aubry

### Chair, Religious School

Liz Mitchell

### Chair, Adult Education

### Chair, Building

Neil Nissim

### Chair, PR & Social Media

Kim Ehrlich

### Recording Secretary

## Important Dates

Hebrew School Orientation 5:30pm	9/1
Tot Shabbat 6pm	9/9
Sisterhood 7:30pm	9/12
Game Night 6:30pm	9/15
Shabbat Morning Services 10am	9/17
Selichot 7:30pm	9/24

## Rabbi's Message

Since I am moving to a new apartment this summer, I have been thinking a lot about home, and the contrasting experiences of settlement and dislocation. So it feels appropriate that in the Torah reading cycle, we have been moving through Bamidbar, the Book of Numbers. This is the biblical book that is most associated with the experience of dislocation. In Bamidbar, the Hebrew slaves who were freed in the Book of Exodus have become wanderers in the desert for 40 years. They never knew from day to day or week to week whether they would be staying for awhile or have to pack up and set out again on the road.

It is difficult to imagine living life that way. Research has shown that moving is one of the more stressful experiences that a person can experience. Living in the midst of boxes and the disruption, I can feel the stress in my body. And I have scientific data to support some of this impact. I wear a wrist band that monitors my heart rate, and it shows that my resting heart rate is significantly higher. The ancient Israelites did not have the benefit of activity bands to track their vitals, but they still may have noticed a the feeling of a racing heart whenever they had to uproot themselves once again. And again. And again....

It is small wonder that there was so much development of communal and ritual structures to accompany their wanderings. In times of physical dislocation, it is helpful to find other forms of grounding. Perhaps the soul can feel at home even if the body isn't there yet. There is a lovely passage from Abraham Joshua Heschel that speaks to this:

"Prayer is not a stratagem for occasional use, a refuge to resort to now and then. It is rather like an established residence for the innermost self. All things have a home, the bird has a nest, the fox has a hole, the bee has a hive. A soul without prayer is a soul without a home. Weary, sobbing, the soul, after roaming through a world festered with aimlessness, falsehoods and absurdities, seeks a moment in which to gather up its scattered life, in which to divest itself of enforced pretensions and camouflage, in which to simplify complexities, in which to call for help without being a coward. Such a home is prayer. Continuity, permanence, intimacy, authenticity, earnestness are its attributes. For the soul, home is where prayer is."

As we continue through the summer and its altered rhythms, may we all find a sense of home for our souls. Whether or not you are moving or traveling, it never hurts to deepen a sense of groundedness and peace!

Shalom,  
Rabbi Pfau

## Temple Donations



- In memory of Faith Hupfl from Susan Giachetti
- In honor of Sandy SchwartzBird becoming Member of the Year from Anita Berson
- Get well to Jay Trackman from Sid and Charyl Morginstin, Michael Scolaro and Randy Bloom, Phoebe and Jeff Nissim, Eileen Gale and Art Guyer
- Get well to Jeff Goldman from Eileen Gale and Art Guyer, Michael Scolaro and Randy Bloom
- Get well to Michael Scolaro from Eileen Gale and Art Guyer

*“The habit of giving only enhances the desire to give.”*

~ Walt  
Whitman

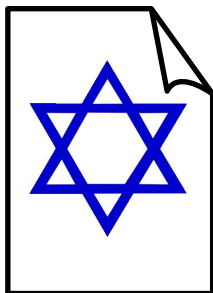
## Sisterhood Donations

- Get well to Rick Shain from Anita Berson
- Get well wishes to Michael Scolaro from Phyllis Kamer, Charyl and Sid Morginstin
- Get well wishes to Jay Trackman from Phyllis Kamer, Charyl and Sid Morginstin
- Get well wishes to Jeffrey Goldman from Phyllis Kamer, Charyl and Sid Morginstin

## Supermarket Gift Card Program

It is always the season for sharing and giving. Please share with the Temple by purchasing your gift cards from Acme or ShopRite for your New Year's celebration.

Please make checks payable to **Temple B'nai Abraham** and send to: **Marsha Dowshen / 502 Farnsworth Ave., Bordentown, NJ 08505 / (609) 298-5306**. Your cards will be sent to you the same day.



## TBA Website

Please go to the Temple B'nai Abraham website at [www.bnai-abraham.org](http://www.bnai-abraham.org) to view the latest calendar of events, subscribe to our announcements and newsletter as well as find useful information about our community.

## Sisterhood News & Announcements

As we take stock of the past year and look forward to a new year there is some important business to discuss. Firstly, I would like to thank Randye Bloom and Debby Weiss for their many years of service to sisterhood. Without their leadership we would have been a boat without a rudder. Thank you for your dedication to the women of Sarah Seidel Sisterhood and the community of Temple B'nai Abraham.

The annual covered dish was a smashing success! We had a wonderful crowd of women, delicious food, a very witty skit, and the company of great women!

Thanks to the creativity of Bonnie Goldman, Marcy Schwartz, Rhea Goldman, Betsy Ramos, Patricia Light-Tolomeo and Eileen Gale we were party to a very funny skit honoring Randye and Debby. It was a treat to watch! And thank you to Sandy SchwatrzBird for recording the event in pictures and video and for bringing photo albums of other wonderful covered dish dinners.

Thank you to Bonnie Goldman for her clever and heartfelt induction of our new officers. It was Bonnie's induction, and her talk of the sisterhood she remembers growing up as a child, teen and adult member of Sarah Seidel Sisterhood that gave me the idea of what I needed to say in this newsletter, Volunteerism.

We live in a very busy society. People work, have homes, families and responsibilities other than Sarah Seidel Sisterhood or Temple B'nai Abraham.

So, with everyone so busy how are we, a small Reconstructionist congregation, and it's small sisterhood, to stay alive and independent? Sometimes those responsibilities make us feel as though someone else will have to do it because "I'm too busy". I know there were times I felt that way, and you may have as well. But, if everyone did something; if everyone helped in the way they were able, everything would get done and we would remain a successful community.

Our sisterhood community has been an active part of TBA for many, many years. We have those women, women of the past, to thank for helping to mold us into who we are today. Those women worked together to raise funds to help support our community. I'm guessing they had fun doing it too, as we'll enjoy the company of each other as we do our part to make sisterhood a thriving organization.

*The debt that each generation owes to the past, it must pay to the future.*

--Abigail Scott Dunaway

As we move into a new year, I ask you to think about something you could do, or an amount of time you could spare, and talk with me or other board members about how you could help. This will be a great year because you will do that one thing you can do to pay it forward!



***“You are not alone, and I am not alone. We are in a Sisterhood, together, and together we can make it.”***

***- author unknown***

### **Sisterhood Officers**

**Sisterhood President**  
Robin Affrime

**Vice President**  
Linda Osman

**Treasurer/Financial Scty**  
Marcy Schwartz

**Recording Secretary**  
Marsha Caldwell

**Corresponding Secretary**  
Patricia Light-Tolomeo

**Trustees**  
Eileen Gale  
Susan Giachetti

~ Robin

## More Sisterhood News



***“How lovely to think that no one need wait a moment; we can start now, start slowly changing the world!”***  
**— Anne Frank (diary entry, 1944)**



Shalom friends. I am excited to be starting a new year. Just like a new notebook, as yet unwritten, holds the promise of poetry or prose, lists or notes; a new year of sisterhood holds the promise of fun and stimulating things to come. Though not all of our year’s programs are planned there are a few that I’d like to share.

On Monday the 12th of September. Phyllis Chudoff will be teaching us to make adorable gift bags! You will need to bring a scissors, and a ruler would be handy. Sisterhood will provide all other materials needed. It turns out, anyone can make their own bags for birthdays or holidays with just a little bit of instruction and some fun materials.

On November 21st, sisterhood member, Karen Nissim will work with us to make a beautiful flower arrangement suitable for any Thanksgiving table. I am so excited that Karen will be available to help us to make our own arrangements. In the past I’ve felt so proud by the work of my own hands, thanks to the help of Karen, of course! The cost of this activity will be posted in the November newsletter.

Hanukah is late this year, beginning on December 24th. So, we’ll have our Hanukah Revisited gift exchange on Monday the 9th of January. Be prepared to bring a re-gift and to take one home with you. Last year we had a wonderful time, laughing and enjoying the spirit of re-gifting.

In March we’ll do a book club. Look to the newsletter as time gets closer for the specific book we will read and discuss. If you’ve read anything great recently, please email me the name of the book so the board can check it out.

In May on Thursday the 11th, we can all look forward to listening to our own Rabbi Julie. Her topic of discussion will be posted as we get closer to the meeting.

Finally, save the date for the Sisterhood Covered Dish to be held on Monday June 12th of 2017.

As I said, these are not all of the events planned for the year, simply a glimpse of things to come.

## Yahrzeits for Summer 2016

Week of August 5 <sup>th</sup>	<ul style="list-style-type: none"> <li>• Beatrice Busch, Mother of Phyllis Busch</li> <li>• Bernard Shain, Father of Betsy Ramos</li> <li>• Lulu Cohen, Grandmother of Sandra Cohen</li> </ul>
Week of August 12 <sup>th</sup>	<ul style="list-style-type: none"> <li>• Alan Benson, Brother of Charyl Morginstin</li> <li>• Alice Mervish, Mother of Shyrle Kushner</li> <li>• Louis Rosenberg, Father of Ellen Wehrman</li> </ul>
Week of August 19 <sup>th</sup>	<ul style="list-style-type: none"> <li>• Norma Goldman, Mother of Maxine &amp; Philip Goldman</li> <li>• Louis Rudenstein, Father of Mildred Leary</li> <li>• Elaine Zeitz, Wife of Carl Zeitz</li> <li>• Abraham Kaiser, Father of Eileen Gale</li> </ul>
Week of August 26 <sup>th</sup>	<ul style="list-style-type: none"> <li>• Louis Rosen, Grandfather of Gerald Rosen</li> <li>• Marty Nissim, Husband of Rita Nissim</li> <li>• Irving Speiser, Father of Bernie Speiser</li> </ul>
Week of Sept. 2 <sup>nd</sup>	<ul style="list-style-type: none"> <li>• Benjamin Epstein, Great-Grandfather of Brian Epstein</li> <li>• Celia Schwartz, Mother of Marcy Schwartz</li> <li>• Selma Bloom, Mother of Randye Bloom</li> <li>• Norman Goldman, Father of Bonnie Goldman, Father of Jeff Goldman</li> </ul>
Week of Sept. 9 <sup>th</sup>	<ul style="list-style-type: none"> <li>• none</li> </ul>
Week of Sept. 16 <sup>th</sup>	<ul style="list-style-type: none"> <li>• Bonnie Ross, Mother of Jack Ross</li> <li>• Julius Lederman, Father of Steven Lederman</li> <li>• Arthur Coleman, Father of Lenny Coleman</li> <li>• Jerome Epstein, Grandfather of Brian Epstein</li> <li>• Jack Bagan, Father of Elaine Zeitz</li> </ul>
Week of Sept. 23 <sup>rd</sup>	<ul style="list-style-type: none"> <li>• Anette Brewis, Great-Aunt of Brian Epstein</li> <li>• Pearl Fishman, Mother of Arlene Speiser</li> <li>• Samuel Densky, Father of Sharon Coleman</li> <li>• Zelda Goldman, Mother of Norman Goldman</li> <li>• Deanne Klein, Sister of Arlene Speiser</li> <li>• Ida Goldman, Wife of Hyman Goldman</li> <li>• Rose King, Friend of Sandy Schwartzbird</li> </ul>
Week of Sept. 30 <sup>th</sup>	<ul style="list-style-type: none"> <li>• Harry Roseman, Father of Renee Harrison</li> <li>• Elinore Roth, Mother of Elaine Trackman</li> <li>• Frank Schwartz, Uncle of Phyllis Chudoff</li> </ul>

### Old Prayer Books & Kippot

Old prayer books, Tallim, kippot, or other religious items that are no longer needed should be buried. Please place these items into the box (by the sanctuary stairs). Items will be brought to the local Chabad House for burial. \$5 donations are appreciated.

### Siddur & Tallit Donations

A new siddur (prayer book) can be purchased in honor of or in memory of someone for \$35. A tallis (prayer shawl) can be purchased for \$60. Please contact Marcia Rosen at: [mjanrosen@comcast.net](mailto:mjanrosen@comcast.net)

### Memorial Plaques

Plaques are available for \$250. To order a plaque, send the following to TBA: Marcia Rosen, Plaque Chairman PO Box 245 Bordentown, NJ 08505 or: [mjanrosen@comcast.net](mailto:mjanrosen@comcast.net).

English name of loved one, Hebrew name of loved one and date of death in the English calendar. Once the plaque has been installed, you will be billed. Plaques will not be moved from one board to the other.



## Hebrew School: September 1st 5:30pm

Hebrew School Opening Day is at 5:30pm on Thursday, September 1st. This Opening Day program will include orientation and a family education session. Registration for Hebrew School can be completed prior to opening day.

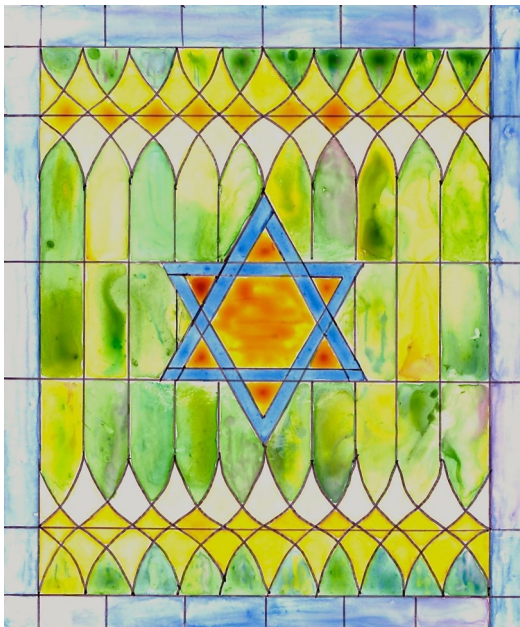
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## Please Donate

Donations are always greatly appreciated. In particular, if you are receiving the newsletter by mail, please consider a small donation to cover our costs.

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## New Year's Card



This fall Sarah Seidel Sisterhood will be hosting a fundraiser. We have a beautiful New Year's card designed by Elaine Trackman and Judy Schimmel that we want to offer to temple and sisterhood members. The card, attached, is a lovely depiction of our stained glass windows. Packages of 10 cards can be purchased for \$15. If you are interested, please contact Judy Schimmel at [timeout4two@gmail.com](mailto:timeout4two@gmail.com) to place your order. The deadline for orders is September 19<sup>th</sup>. This will give us time to produce the cards and get them to you for the holiday. Then, send a check payable to Sarah Seidel Sisterhood to treasurer, Marcy Schwartz, at 110 Prince Street. On the memo line write New Years card so Marcy will know why she has received your check.

There will be two versions of the card produced. One will be the New Years card and will say L'Shanna Tovah, another will simply say Shalom and can be used as a general greeting card. The art is beautiful and I'm sure you will enjoy using these cards. Both kinds of cards will be available in packs of 10 for \$15.

We hope you will enjoy these cards and support this fundraiser.

**TEMPLE FUNDRAISER-** If you would like to have your family and friends included in the community booklet for Yom Kippur, please complete the form below and send it with your check, made **payable to Temple B’nai Abraham**, to Randye Bloom, 514 Reeder Avenue, Bordentown, NJ 08505. Each name is a minimum of \$2.00. All names must be submitted in writing to ensure proper spellings and designations. Forms and checks must be received by **August 1**.

An example of what a listing looks like:  
Randye E. Bloom & Michael Scolaro, Jr.

honor: Jef, Emily, & Kori Bloom  
Palma Harwick

remember: Selma & Julius Bloom  
Mary & Michael Scolaro  
Pauline & William Hodes  
Minnie & Joseph Bloom  
Rita Hodes & Charles Stein  
Michael D. Burns  
Elaine B. Zeitz

This example would cost a minimum of \$32.00.

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Please include the following names in the community booklet:

**HONOR**

**REMEMBER**

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Name(s) of donor(s) as it is (they are) to appear in booklet:

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Check enclosed \$ \_\_\_\_\_



**TEMPLE  
B'NAI ABRAHAM**

58 Crosswicks  
PO Box 245  
Bordentown, NJ 08505  
609.298.1527  
www.bnai-abraham.org

*Shabbat morning services begin at 10:00 a.m.  
(when there are B'nai Mitzvah, services begin at 9:30 a.m.)*  
**September, 2014 ~ Av 5774-Elul 5775**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	29	30	31	<b>Sept. 1</b>  Hebrew School - Orientation & Family Education <b>5:30pm-7pm</b>	2  7:30 pm Shabbat Services	3
4  <b>No Hebrew School</b>	5	6	7	8  4:30 pm Hebrew School	9  6:00 pm Tot Shabbat  7:30 pm Shabbat Services Oneg:Affrime	10
11  9 am Sunday School  10 am Hebrew School	12  7:30pm Sisterhood Meeting	13	14	15  4:30 pm Hebrew School  6:30 pm Game Night	16	17  10:00 am Shabbat Services  Oneg: Coleman/ Snadler
18  9 am Sunday School  10 am Hebrew School	19	20	21	22  4:30 pm Hebrew School	23	24  Selichot Services 7:30pm  Oneg: Schimmel
25  9 am Sunday School  10 am Hebrew School	26	27	28	29  4:30 pm Hebrew School	30  7:30 pm Shabbat Services	1
2  <b>No Hebrew School</b>  <b>Erev Rosh Hashanah</b> 7:30 pm services	3  <b>Rosh Hashanah</b> 10:00 am Services  1:00pm Tashlich	4  <b>Rosh Hashanah</b> 10:00 am Lunch & Learn  Oneg: Rosen	5	6  4:30 pm Hebrew School  6:00pm Tashlich	7  7:30 pm Shabbat Services	8