



# Temple B'nai Abraham

Temple President

Charlie Weiss

Rabbi

Julie Pfau

Sarah Siedel Sisterhood President

Randy Bloom

## Temple Officers

### Temple President

Charlie Weiss

### Executive Vice President

Brian Epstein

### VP, Finance & Treasurer

Michael Rosen

### VP, Religious Committee

Marcia Rosen

### VP, Membership Devlp.

Kim Aubry

### Chair, Religious School

Liz Mitchell

### Chair, Adult Education

Betsy Ramos

### Chair, Building

Neil Nissim

### Chair, Fundraising

Linda Osman

### Recording Secretary

Susan Giachetti

## Important Dates

1 <sup>st</sup> Day of School 10am	9/7
Sisterhood Meeting 7:30pm	9/8
Tot Shabbat 6pm	9/19
Erev Rosh Hashanah 7:30pm	9/24
Rosh Hashanah 9:30am	9/25
Rosh Hashanah 9:30am	9/26
Build the Sukkah 10am	9/28
Yom Kippur 6:15pm	10/3
Yom Kippur 9:30am	10/4

## "The Temple Shofar"

September, 2014

## Rabbi's Message

**Tashlich v'To'chal** : Cast off your sins and eat!

Each year we gather by the river sometime after services on Rosh Hashanah for the ritual of Tashlich - symbolically casting off our sins by throwing bread into the river. Since services don't always end at the same time, it has often been a challenge trying to set a start time for our communal observance of Tashlich. There usually ends up being a group of people that stand around waiting for everyone else to arrive - sometimes for 30 minutes or more! Either services run late and non-service-goers have to wait for the rest of us to get there, or services get out earlier than expected and the roles are reversed as we wait for the non-service-goers.

Last year some of us were saying it would be nice if we planned a longer window where people could come, bring a picnic lunch, and relax with friends and family from the community. Standing around aimlessly and "waiting" can have a very different feel from a planned picnic...! So this year, come to the river on Thursday, September 25th, anytime between 1:00 and 2:30, with a picnic lunch. I also suggest that you bring lawn chairs or blankets - there are some picnic tables around, but possibly not enough for everyone. We'll start off the new year with the pleasure of each other's company, and hold the intention of continuing to build and strengthen relationships among community members in the coming year.

For those who have arrived, we'll aim to sing a few prayers (*Avinu Malkeynu, Hashiveynu*) and perform Tashlich as a group in the 1:30-1:45 range, but if anyone arrives earlier or later and wants to perform Tashlich on their own, it isn't a terribly complicated ritual and does not require a group. It is as simple as throwing a single piece of bread into the river, and with some focused intention it can be a powerfully transformative ritual.

I wanted to provide guidance for anyone who might like to perform Tashlich on their own, so I offer here some suggested meditations to accompany the ritual act of casting bread. Use the parts you like, and free to improvise!

1. Find a place near the water that feels comfortable. Start by focusing on the water and it's symbolism of cleansing. Try to tune out any distractions and just focus on the sight and sound of the flowing water.

2. Contemplate the words of the prophet Micah, who proclaimed that God would have compassion on us and cast all our sins into the sea (Micah 7:19). Where are you most in need of such divine compassion? What are the areas of your life that did not live up to your commitments and values? Which of your deeds missed their mark? How have you increased suffering for yourself and others?

3. Take a piece of bread and hold it in your hand for a few moments. Close your eyes, feel the substance and texture of the bread, visualize it absorbing the essence of those painful moments, soaking it all up until it is permeated.

4. When you are ready to let go, open your eyes and cast the bread into the water. Watch what happens to the bread. Does it drift away, quickly or slowly? Does it sink? Is it eaten by fish? Does a bird swoop down and snatch it up?

(Feel free to repeat this process with more than one piece of bread if that is helpful.)

5. When you are done casting sin-laden bread, contemplate the words of the prophet Ezekiel: "Cast away from yourselves all your transgressions, and create within yourselves a new heart and a new spirit" (Ezekiel 18:31). What is the new heart and new spirit that you would like to embody in the coming year? How will you

## Temple President's Message



**“A smile is the  
universal  
welcome”**

**- Max Eastman**

Welcome back to the 2014 – 2015 year, only 3 short years away from our 100th (centennial) anniversary! Temple B'nai Abraham, as you probably know, was founded in 1918.

The summer seems to have gone by faster than usual, but it certainly had a strong start. B'nai Abraham kicked it off with a successful set of Congregational Meetings. Since joining the synagogue and attending our annual meetings, I've always felt there was something special about getting together once a year to renew our collective decision to persevere as a congregation, to budget our funds wisely, and to invite our community members to take on a larger role.

As is tradition, we voted in the incoming temple board. As you connect with these representatives throughout the year, please take a moment to shake their hand and thank them for their unswerving dedication and invaluable service to our community. I would like to take the opportunity to thank our outgoing board member – Robin Affrime – and incoming board member – Liz Mitchell – who has graciously volunteered to take over as Religious School Chair.

We've experienced some important progress this summer. We had the entire building's smoke detectors replaced and the security system evaluated from

head-to-toe to ensure everyone's continued safety. We've also had an acoustical engineer visit to help explore the intricacies of our speaker / microphone and overall audio / video needs. This was an important next step in bringing our systems up to a level that will serve our needs and attract new families.

This new season welcomes an interim education director, Josh Krulwich-Klatt, who takes over for Kami Knapp during her sabbatical in Israel this year. We'll also welcome back Kate Cook as our Assistant Rabbi for the High Holidays. And finally, of course, we're very pleased to have renewed our contract and relationship with our spiritual leader, Rabbi Julie Pfau.

This synagogue is blessed with staff and congregants who reach out, who welcome, who comfort, who console. I am proud to be president of this wonderful institution, with all its rich history and heritage. I follow in the footsteps of a long list of incredible temple presidents, many of whom are still members. On behalf of your board of directors, we look forward to seeing each of you at the start of High Holiday services.

Warm regards,  
Charlie Weiss




---

## Welcome New Temple Members

Shari and Thomas Baer and son Jadon, from Bordentown.  
Jadon will be enrolled in Hebrew School.

## Sisterhood News & Announcements

The Sisterhood will meet Monday, September 8 at 7:30. This is a chance to catch up with your "Sisters" and learn what the year has in store for us. Please bring recipes with you if you have not already put them into the cookbook website. Also, if you have any suggestions for the book we will read and discuss this year, please have the information with you. We look forward to hearing about your summer and seeing you again!

Shalom,  
Randye

### Yom Kippur Booklet

If you have not sent your check to Randye payable to the Temple, please do so now. We may not quite make last year's total of donations, but it will be close. Thanks

To join or re-join the Sisterhood make your dues checks (\$30) payable to Sarah Seidel Sisterhood. Please mail your checks to the temple. Thank you.

### Break the Fast

Temple B'nai Abraham and Sarah Seidel Sisterhood invite your family and you to join us for Break the Fast on Saturday, Oct. 4th (around 7:45 p.m.). Each family attending is asked to bring a prepared covered dish, which you can sign up for with your reservation. You must also volunteer to help set up or clean up. *Cost is \$12.00 adults, children 6 - 12 \$6.00, and children 5 and under are free.*

Please contact Randye Bloom (609) 298-6485 or [mikerandy@gmail.com](mailto:mikerandy@gmail.com) with your reservations by September 20th. Please make your checks payable to Sarah Seidel Sisterhood.

Thank you and L'Shanah Tovah

### Sisterhood Officers

**Sisterhood President**  
Randye Bloom

**Vice President**  
Debby Weiss

**Treasurer/Financial Scty**  
Marcy Schwartz

**Recording Secretary**  
Ellen Wehrman

**Corresponding Secretary**  
Patricia Light-Tolomeo

**Trustees**  
Susan Roth  
Susan Giachetti



## Memorial & Sisterhood Donations

- Rejoicing with Mathew Kunkler on his Bar Mitzvah from Marcy Schwartz & Rick Shain
- Happy Birthday to Ellen Wehrman from Marcy Schwartz & Rick Shain
- Rejoicing with Steve and Robin Affrime as Member of the Year from Marcy

## Healing List

The Healing List is starting anew. All names have been deleted and we ask if you want a name on the list to please email Eileen Gale at [egale10@verizon.net](mailto:egale10@verizon.net)—subject: “Healing List”. The list will be updated every two months. Thank you, Eileen

**“What the caterpillar perceives is the end, to the butterfly is just the beginning.”**

**- Anon**

## Upcoming Oneg Services

Please join us on Friday, September 12th for a Oneg following evening services.



## Temple Donations



- Marcia & Michael Rosen for the Yahrzeit Louis Rosen
- Rhea Goldman for the Yahrzeit Norman Goldman
- Ellen & John Wehrman for the Yahrzeit Louis Rosenberg
- Randye Bloom & Michael Scolaro for the Yahrzeit Elaine Zeitz
- Randye Bloom & Michael Scolaro for the Yahrzeit Selma Bloom
- Brian & Maribeth Epstein for the Yahrzeit Benjamin Epstein
- Renee Harrison for the Yahrzeit Harvey Roseman
- Betsy Ramos for our advertising campaign

---

## Tikkun Olam / Social Action

Please help us continue our hunger relief efforts in the wider community! There are three ongoing projects, and no contribution is too small!

- Any contributions of non-perishable foods are welcome for the St. Mary's food pantry.
- Donations of granola bars and cans of tuna or chicken are welcome for the monthly grocery bags that are distributed to residential motels in the area. Each house of worship donates a large number of one or two items, and a grocery bag filled with food is delivered at the end of the month when food stamps and money get low.
- Come along for meal delivery: on the first Thursday of the month, we deliver dinners to the Pine Motel prepared by the Friends Meeting House in Crosswicks. It's very rewarding to have been collaborating with our friends and neighbors in the area for the past NINE YEARS (!) in these essential projects to help those in need.

***“A good deed  
brightens a dark  
world.”***

***-Anon***

Thank you to everyone who has helped and donated in the past and continue to do so.

And now for why we do this. Last month we delivered to the Riverfront and the Pines, and for some reason I really wanted to make sure we got to Laurel Notch. We had missed Laurel Notch last month. As we pulled in, we could see two cars with "State of NJ" license plates by the lobby. Two people - what looked to be social workers - were on their phones and a family of five was sitting in the lobby. I don't know for sure, but it looked like the family was waiting for the approval to be placed at Laurel Notch. I guess I had never seen that part of the process before, waiting and hoping to be placed in the motels. I don't know what happens if they don't get the approval.

We came in with our grocery bags, and asked the managers if there were families that might need them. Before the managers could answer, one of the family that was waiting said, "I know we would like a bag, we have nothing". We gave them a bag with extra cereal, and also before we left the parking lot we saw another boy taking a bag to his room. We clearly are filling a need.

-Anne Kettner





## Supermarket Gift Card Program

It is always the season for sharing and giving. Please share with the Temple by purchasing your gift cards from Acme or ShopRite for your New Year's celebration.

Please make checks payable to **Temple B'nai Abraham** and send to: **Marsha Dowshen / 502 Farnsworth Ave., Bordentown, NJ 08505 / (609) 298-5306**. Your cards will be sent to you the same day.

***“Deeds of giving  
are the very founda-  
tions of the  
world.”***

***- Jewish saying de-  
rived from the  
Mishna, Pirkei  
Avot 1:2***

## Fundraising

### EXCITING NEWS!!

We have finally begun the temple and sisterhood fundraiser cookbook. The first Temple B'nai Abraham cookbook was printed in the 1970s, the second in 1987, and now we will commemorate our centennial year. We are working with a company called Morris Press and have the ability to type recipes directly into the website with a specific password that denotes our project. Anyone will have the ability to type their recipes into the project and then a small committee will review the recipes and do final editing. This will help us avoid 6 brisket recipes and 20 brownie recipes. It is important that the book be well balanced with a variety of appetizers, vegetables, soups, salads, entrees, and desserts. We might also want to have a specific area for Holiday fare. If you are interested in working with Randye and Robin on this cookbook, please send us an email to let us know how you would like to help [Randye: [mikerandye@gmail.com](mailto:mikerandye@gmail.com); Robin: [raffrime@gmail.com](mailto:raffrime@gmail.com)].

If you have a recipe that you would like to be considered for the cookbook, go to [www.typensave.com](http://www.typensave.com) and insert the **username: TBAS** and the **password: plate294**. Anyone can contribute a recipe and we highly encourage you to put in reci-

pes from your treasured family traditions. A few guidelines: Recipes must be able to be made kosher so no pork, ham, or bacon, and the recipe cannot include both meat and milk together. That said, recipes can be adjusted to be made kosher. If you have a recipe that you would like to share, but aren't sure if it is kosher or how it can be adapted, please contact us. This is a labor of love and we will be more than happy to help you.

We encourage everyone in the Temple B'nai Abraham community to be a part of this fundraiser by contributing recipes. In order for this to be a successful fundraiser and to cover the first printing, each member or family of temple and/or sisterhood will be responsible for buying a minimum of 5 books that the member can either give as gifts or sell to friends and family. The exact cost per book is not yet determined, but we hope to keep it in the \$10.00 range. This cookbook will represent the entire Temple B'nai Abraham community and family and friends- so please join in and share your best recipes.

## Host List for Shabbat Services 2014-2015

If you are unable to host on your date, please switch with someone else and let Randy know. You are responsible for finding a replacement. Thank you.

Date	Event	Host families
Sept. 12	Erev Shabbat Oneg	SchwartzBird/Chudoff
October 17	Erev Shabbat Oneg	Mitchell/Erickson
Nov. 1	Shabbat morning lunch	Affrime/Zeichner
Nov. 21	Erev Shabbat Oneg Sisterhood Shabbat	Marsha & Dave Caldwell In honor of Marsha's Parents
Dec. 6	Shabbat morning lunch & learn	Morginstin/Coleman
Dec. 12	Erev Shabbat Oneg	Berson/Fink
Jan. 10	Shabbat morning lunch	Schimmel/Eric & Kristi Schwartz
Jan. 23	Erev Shabbat Oneg	Carlis/Rosenthal
March 6	Erev Shabbat Oneg	Barman/Gale
March 14	Shabbat morning lunch	Epstein/Weiskott
April 10	Erev Shabbat Oneg	B. Goldman/R. Goldman
April 18	Shabbat morning lunch	Ehrlich-Cook/to be determined
June 13	Shabbat morning lunch & learn	Rosen/Kunkler
June 26	Erev Shabbat Oneg Member of the Year	Schwartz-Shain/Weiss

## Hosts for Sisterhood Meetings

October	Lamonsoff/Margulies
January	Giachetti/Lowry
March	Benowitz/Roth
May	Light-Tolomeo/Wehrman
June	Covered dish

## Yahrzeits for Fall 2014

Week of September	<ul style="list-style-type: none"> <li>Bonnie Ross, Mother of Jack Ross</li> <li>Julius Lederman, Father of Steven Lederman</li> </ul>
Week of September 12 <sup>th</sup>	<ul style="list-style-type: none"> <li>Arthur Coleman, Father of Lenny Coleman</li> <li>Jerome Epstein, Grandfather of Brian Epstein</li> <li>Jack Bagan, Father of Elaine Zeitz</li> <li>Anette Brewis, Great-Aunt of Brian Epstein</li> <li>Pearl Fishman, Mother of Arlene Speiser</li> <li>Samuel Densky, Father of Sharon Coleman</li> </ul>
Week of September 19 <sup>th</sup>	<ul style="list-style-type: none"> <li>Zelda Goldman, Mother of Norman Goldman</li> <li>Deanne Klein, Sister of Arlene Speiser</li> <li>Ida Goldman, Wife of Hyman Goldman</li> <li>Rose King, Friend of Sandy Schwartzbird</li> <li>Harry Roseman, Father of Renee Harrison</li> <li>Elinore Roth, Mother of Elaine Trackman</li> </ul>

Please be aware that the Bordentown Cranberry Festival is October 4 & 5. Please allow yourself extra time for parking. If you are close by we encourage you to walk to services.

### Old Prayer Books & Kippot

Old prayer books, Talle-sim, kippot, or other religious items that are no longer needed should be buried. Please place these items into the box (by the sanctuary stairs). Items will be brought to the local Chabad House for burial. \$5 donations are appreciated.

### Siddur & Tallit Donations

A new siddur (prayer book) can be purchased in honor of or in memory of someone for \$35. A tallis (prayer shawl) can be purchased for \$60. Please contact Marcia Rosen at: [mjanrosen@comcast.net](mailto:mjanrosen@comcast.net)

### Memorial Plaques

Plaques are available for \$250. To order a plaque, send the following to TBA: Marcia Rosen, Plaque Chairman PO Box 245 Bordentown, NJ 08505 or: [mjanrosen@comcast.net](mailto:mjanrosen@comcast.net).

English name of loved one, Hebrew name of loved one and date of death in the English calendar. Once the plaque has been installed, you will be billed. Plaques will not be moved from one board to the other.

## Morning Services 2014-15

November 1 <sup>st</sup>
December 6 <sup>h</sup>
January 10 <sup>th</sup>
February 14 <sup>th</sup> <b>Ethan Weiss' Bar Mitzvah</b>

March 14 <sup>th</sup>
April 18 <sup>th</sup>
May 23 <sup>rd</sup> <b>Rachel Aubry's Bat Mitzvah</b>
June 13 <sup>th</sup>



**TEMPLE  
B'NAI ABRAHAM**

58 Crosswicks  
PO Box 245  
Bordentown, NJ 08505  
609.298.1527  
www.bnai-abraham.org

*Shabbat morning services begin at 10:00 a.m.  
(when there are B'nai Mitzvah, services begin at 9:30 a.m.)*  
**September, 2014 ~ Elul 5774-Tishrei 5775**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31	<b>Septem-ber 1</b>	2	3	4	5 7:30 pm Shabbat Services	6
7 10 am School Registration  11 a.m. Family Education	8  7:30pm Sisterhood Meeting	9	10	11 4:30 pm Hebrew School	12 7:30 pm Shabbat Services	13
14 9 am Sunday School  10 am Hebrew School	15	16	17	18 4:30 pm Hebrew School	19 6:00 pm Tot Shabbat  7:30 pm Shabbat Services	20
21 9 am Sunday School  10 am Hebrew School	22	23	24 <b>Erev Rosh Hashanah</b> 7:30 pm services	25 <b>Rosh Hasha- nah</b> 9:30 am Services  2:00pm Tashlich	26 <b>Rosh Hashanah</b> 9:30 am Services	27
28 9 am Sunday School 10 am Hebrew School   10 am Set up Sukkah	29	30	1	2 4:30 pm Hebrew School	3 <b>Yom Kip- pur</b> 6:15 pm Kol Nidre	4 <b>Yom Kip- pur</b> 9:30 am Services 6:00 pm Ne'lah 7:45pm Break the Fast