



Temple B'nai Abraham

Temple B'nai Abraham
President – Robin Affrime

The Temple Shofar
Rabbi Julie Pfau

Sarah Seidel Sisterhood
President - Faith Hupfl

TISHRE 5771

September 2010

Rabbi's Message

*Shema kolenu adonai eloheyenu chus v'rachem
aleyenu v'qabel b'rachamim uvratzon et tefilatenu.*

Hear our voices, Attentive One, our God; have mercy and compassion for us; and accept our prayer with kindness and with favor.

This entreaty is a part of the daily weekday liturgy, but such pleas are traditionally not included in Shabbat prayer. Thus, for many, the only exposure they have to this prayer is during Yom Kippur. Similarly, prayers for forgiveness are a part of the weekday liturgy, but take on a more prominent voice during the Days of Awe.

Ultimately, the High Holy Days are meant to call us to those very attitudes and ways of behaving that are meant to be integrated into our daily lives. Seeking connection with God, whether through teshuvah or prayer, is not meant to be limited to special moments in time such as Yom Kippur or a Shabbat service. It is meant to be an ongoing activity – one that we participate in during moments of awe, during moments of pain, during moments of ordinariness. In any and all of these moments, we can implore: “*Shema kolenu*, hear our voice, listen to me...”

As we enter into this new year, I come with a question about listening that has two sides: How do we express ourselves to God, but also how do we listen for the holy ourselves? How do we live in a way that embodies an attentiveness to our ongoing dialogue with the divine?

During my five years of rabbinical school, I met monthly with a Spiritual Director. The purpose of these meetings was to notice the presence and pattern

of my own relationship with the sacred. Over the course of five years, the nature of that relationship shifted – sometimes doubling back to repeat old patterns and sometimes stunning me with newness. In the ridiculously busy life of a rabbinical student, it can be all too easy to miss out on such awareness. It takes cultivating. After five years of cultivating my own spirituality through receiving Spiritual Direction, I find that I would like to serve others as a Spiritual Director.

Since the work of a Spiritual Director is not identical to the work of a Rabbi, in the coming year I will be engaging in a special training program to cultivate the specific skills and ways of being present that will allow me to serve as a Spiritual Director. In this way, I will be able to ever more effectively nurture others' awareness of their own patterns of connection with the divine. As a part of my learning process this year I will attend several intensive learning sessions, meet periodically with a group of fellow trainees, and serve as Spiritual Director for two people while receiving supervision from the Director of the program.

If you or someone you know is interested in engaging in a regular practice of Spiritual Direction in the coming year, please be in touch with me. Please also make a point of sharing with me your own moments of awareness of the holiness present in your lives. I too look forward to sharing with all of you the insights I gain from this new segment of my journey.

As we pray for God to be attentive to us, and implore God to heed our voices, so too may we all find ourselves growing into a deeper attentiveness to the places of holiness in our lives.

Shalom,
Rabbi Pfau





Temple B'nai Abraham is affiliated with
the Jewish Reconstruction Federation.

www.jrf.org

Temple B'nai Abraham Officers

Officers:

President	Robin Affrime
Executive Vice President	Charlie Weiss
Religious Vice President	Sid Morginstin
Financial Vice President	Mike Rosen
Recording Secretary	Susan Giachetti
Past President	Betsy Ramos

Trustees:

Religious School Chair	Linda Osman
Membership Chair	Kim Aubry
Building Chair	Eileen Gale

Yahrzeit List

September 3

Samuel Densky, father of Sharon Coleman
Deanne Klein, sister of Arlene Speiser
Zelda Goldman, mother of Norman Goldman
Ida Goldman, wife of Hyman Goldman
Harry Roseman, father of Renee Harrison
Elinore Roth, mother of Elaine Trackman

September 10

Ruth Pierce, mother of Ira Pierce
Charles Stein, uncle of Randy Bloom

September 17

Herman Sternfeld, father of Mildred Josephson
Ida Kushner, mother of Sol Kushner
Fred Gutstein, husband of Lilian Gutstein
Molly Schaffer, mother of Rhoda Kessler

September 24

Nissim Nissim, father of Martin Nissim
Noah Bloom, grandfather Ida Reichlin

If there is a name that you would like added to the synagogue's yahrzeit list, please contact Sid Morginstin at 609-298-2891. You will receive a card annually reminding you of your yahrzeit, and the name will be announced at services at which time you will be able to recite Kaddish.

Torah Prayer Books (Chumashim)

A new Torah prayer book can be purchased in honor of or in memory of someone for \$75 or an existing Siddur may be sponsored for \$35.00. Please call (298-0437) or email Betsy Ramos: bramos@capehart.com.

HIGH HOLY DAY SCHEDULE

EREV ROSH HASHANAH

WEDNESDAY SEPT 08 7:30 PM

ROSH HASHANAH I

THURSDAY SEPT 09 9:30 AM
TASHLICH 12:30 PM

ROSH HASHANAH II

FRIDAY SEPT 10 9:30 AM
SHABBAT EVENING SERVICE 7:30 PM
BUILD SUKKAH

SUNDAY SEPT 12 9:30 AM

YOM KIPPUR

FRIDAY SEPT 17 6:30 PM
SATURDAY SEPT 18 9:30 AM
YIZKOR 12:00 NOON
AFTERNOON SERVICE 5:00 PM

SUNDAY SEPT 19
SCHOOL DECORATES SUKKAH

WELCOME

New Members

Judy Schimmel
630 Hanover Drive
Wrightstown, NJ 08562
609-758-77886

Susan Roth
3 Lambo Court
Yardville, NJ 08620
609-324-7194

Barbara Horn
9 Barbados Ct.
Hamilton, NJ 08691
609-581-0971
bnh1018@optonline.net

We will put up the Sukkah on
Sunday, September 12 at 9:30 AM.
Please come and help out

Healing List

It is a new year, so we will start again with a new list. Please contact Sid at 609-456-9508 or e-mail sidmorgy@verizon.net with the names of those you desire to put on the list. Also, please tell him when the name can be removed. Sid makes an effort to contact you about 2 months after adding a name, however, sometimes he is very busy, so, please contact him if there are any changes. The list can get long very fast.

Tot Shabbat is Back!

This year we are continuing our great Tot Shabbat's! Services start at 6:00 p.m. and include, candle lighting, pot luck dinner, story time, a theme related craft, and songs. If you need any additional information, would like to get on the Tot Shabbat mailing list or would like to volunteer to help clean up or set up, please contact Marla Hoffman - rhynestonegrl@gmail.com

Friday, September 24 – Sukkot
Friday, October 22 -- Tzedakah
Friday, November 19 -- Shabbat
Friday, December 3 -- Chanukah
Friday, January 7 -- Tu B'Shvat
Friday, February 18 -- Torah
Friday, March 18 -- Purim
Friday, April 8 -- Pesach
Friday, May 6 -- Israel
Friday, June 10 -- Family



Sarah Seidel Sisterhood First Meeting

Due to the early days of the High Holy Days, Sisterhood will start on October 11 at 7:30 pm.

Please bring your favorite dessert and enjoy meeting with your old friends.

** All new members of the Temple are invited to attend and meet the ladies of the Temple.**

Sisterhood Treasurer's Report

The Rosh Hashanah honey sale earned the Sisterhood \$112.50 – thanks to all who participated! We hope everyone is culling through their recipes for the October cookie contest, our next fundraiser!

Religious School News

SUNDAY SCHEDULE		THURSDAY SCHEDULE	
9:00-9:55	Sunday School		
10:00-10:05	Havdalah	4:30-5:30	Hebrew/Prayer
10:05-11:05	Hebrew/Prayer	5:30-5:45	Snack/Break
11:05-11:20	Snack/Break	5:45-6:00	Community Time
11:20-12:00	Jewish Studies	6:00-6:30	Service

We are pleased that Marla Hoffman will be joining us again this year – teaching the Sunday School class as well as in the Hebrew School. We are also looking forward to having Thea Popko working with our 3rd grade Hebrew class and assisting Marla with the Jewish Studies lessons. We are also grateful for our other teen assistants: Justin Giachetti, Marisa Giachetti, Aaron Osman, and Hannah Osman.

We are looking for additional adult volunteers to help out at the Religious School – to serve as occasional substitutes, to assist with crafts and activities, as well as to practice Hebrew reading one-on-one with students. If you have some time, please fill out and return the volunteer form.

To spice things up a bit this year, we will also be doing four lessons in Jewish cooking (and eating...). If you love to cook, please consider assisting in one or all of these sessions...

Beyond the kitchen... Students at all levels will continue their Hebrew Studies. In addition, students will engage in learning about Judaism more broadly. This year, our Sunday School students will be learning more about Shabbat and the cycle of months and holidays. In the Hebrew School, we are in the third year of our spiral curriculum in Jewish Studies. The first year had an emphasis on Jewish Ethics and Tikkun Olam and the second year focused on Jewish Stories (especially Bible stories). This year we will be focusing on Jewish Life Cycles and Ritual Objects. The Jewish Year Cycle is a theme woven into every year, as students study and engage in activities related to each of the Jewish Holidays as they come up. In every area of study, students are encouraged to seek their own personal connections with the material. No student is alike, as no Jew is alike, and each needs to learn how to find the Jewish connections that are most enriching as individuals.

Looking forward to a great year with our fabulous students!!!

Rabbi Julie

Social Action



Many thanks to all who generously contributed to the granola bar collection during the summer! We were able to deliver 25 boxes each month to the interfaith hunger relief effort. As we all look forward to the High Holidays and Hebrew School beginning, please plan to continue to support this worthwhile endeavor and come to temple with a box of granola bars!

Our monthly meal delivery to the Pine Motel also continued regularly this summer on the last Thurs. of the month. I want to thank Marsha Caldwell, our president Robin Afrime, and Rick Shain for their help during the summer months. This is a group effort with Friends Meeting House and Crosswicks Methodist Church in Crosswicks, whose members provide and prepare the meals. The dinners in August included freshly picked apples from a local orchard! Please consider helping out with this on-going joint effort among our local congregations.

Supermarket Gift Card Program

The gift card fund raiser is extremely important as a source of income for the Temple. We need more participation!



Everyone please take one minute to write a check and send it to Dowshen 502 Farnsworth Ave Bordentown, NJ 08505 or call 298-5306. Your cards will be sent to you the same day.

Temple Donations

In Memory Of

Elaine Zeitz and Norman Goldman from Rhea Goldman Benjamin Epstein, Jerome Epstein and Anette Brewis from Maribeth and Brian Epstein
Bonnie Ross from Sandy and Jack Ross
Harry Roseman from Irene Harrison
Bernard Shain from Betsy Ramos

Message from Sam and Abbie Shain

Dear Temple B'Nai Abraham community,

We want to thank you for the honor of choosing us as Members of the Year at the last service in June. As we go off to college in the fall, we take with us the warmth, friendship, learning and loving blessings you offered us not only on that evening, but over the years. We will miss you!

--Abbie and Sam Shain

Break the Fast

Saturday, September 18

Temple B'Nai Abraham and Sarah Seidel Sisterhood invite you and your family to join us for Break the Fast (around 7:00 PM).

Cost is \$12.00 adults, children 6-12 \$6.00, with children under 5 free.

Families attending are asked to bring a prepared covered dish, which you can sign up for with your reservation.

Please contact Karen Nissim at (609)298-4845 or KarenNissim@aol.com with your reservations by **September 15**. Please make checks payable to Sarah Seidel Sisterhood and send payment in advance to Karen Nissim, 38 Thompson Street, Bordentown, NJ 08505.

Volunteers are needed to help set up and clean up.

General Donations

For anyone interested in making a general donation to the synagogue that does not fit into any of the above categories, of course, the synagogue will be happy to accept the donation. You may send a check to Temple B'nai Abraham, P.O. Box 245, Bordentown, and indicate whether it is for a special occasion and whether you would like the synagogue to send an acknowledgment. If it is a non-temple member, please provide their name and address.

Religious Affairs Committee

An annual book inventory was done as part of the High Holy Days preparation. We are down about 15 copies of the High Holy Day Prayerbook. A normal amount of shrinkage is to be expected. In the 17 years, since we got them, this is not too bad.

Please check around your homes. If you have any prayer books that belong to the synagogue, please return them. If you should still need it -- for whatever reason -- please call me so I can include it in the inventory.

We have a sufficient supply of all prayer books: High Holyday, Sabbath and Festivals, and House of Mourning. We have 26 AYTZ CHAIM books that we use when reading the Torah. The shelves could hold 32. So there is room for 7 more. The cost to dedicate one of these in memory or honor of a loved one is \$75. If you would like to donate a copy, please contact me.

Sid Morginstin

In case a loved one dies, the following information will be helpful in thinking through what steps to take:

- 1) As soon as possible, please contact the Rabbi, the Temple President, and the Sisterhood President.
- 2) If you would like the Rabbi to officiate at the funeral, please ask the Funeral Director to contact the Rabbi when exploring possible dates and times.
- 3) There are many traditional Jewish practices that may offer guidance about the handling of the body, the funeral, and the burial. Please ask the Funeral Director to explore these options.
- 4) Resources about mourning, death, and dying are available from the Rabbi. There is also a synagogue document containing information about Jewish funeral procedures.

We hope this information will be needed as infrequently as possible!

Outstanding Volunteer Opportunity at TBA

Do you like our services? Would you like to have a voice in what happens in services or holidays? The Religious Committee is where it all happens and we need your help!

The Religious Committee:

- Helps out in planning and directing the High Holy Day Services.
 - *Sid has this down to a science. There is not much work, other than helping make the honor cards.*
- Keeps the sign board up-to-date.
 - *If you live nearby you could change the sign board.*
- Helps build and take down the Sukkah.
- Backs up Sid in leading Shiva services.
 - *Sid usually covers these, but cannot always make it each night. This is easy; there is a service outline & guide.*
- Has very few meetings each year!
- Attends services and helps out when needed.

Religious Committee Members **DO NOT**:

- Have to lead services unless you want to.
 - *Rabbi Julie generally does not take off when Sid is not available to cover.*
 - *If you can help lead services, especially the singing, you are absolutely welcome to do so! Mindy and Mike are great at this.*
- Need to be well versed in Jewish Law, though some knowledge would be helpful.

Join us and find a new dimension to synagogue life!

Contact Sid at sidmorgy@verizon.net or (609) 456-9508

SEPTEMBER 2010 TISHRE 5771

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2 HS Open House / Parent Orientation 6:30 pm	3	4
5	6 LABOR DAY	7	8 Erev Rosh Hashana Evening Service 7:30 pm Candlelighting 7:02 pm	9 Rosh Hashana Morning Service 9:30 am Taschlich 12:30 pm (approx)	10 Rosh Hashana 2 Morning Service 9:30 am Shabbat Service 7:30 pm Candlelighting 6:59 pm	11 3rd of Tishrei Ha'Azinu
12 Fast of Gedaliah 9-10 SS 10-12 HS Sukkah Building 9:30 am	13	14	15	16 4:30-6:30 HS	17 Erev Yom Kippur Kol Nidre 6:30 pm Candlelighting 6:48 pm	18 Yom Kippur Morning Service 9:30 am Yizkor 12:00 noon (approx) Afternoon & Evening Service 5:00 pm
19 9-10 SS 10-12 HS Decorate Sukkah	20	21	22 Erev Sukkot Candlelighting 6:39 pm	23 Sukkot I 4:30-6:30 HS	24 Sukkot II Tot Shabbat 6:00 pm Shabbat Service 7:30 pm ONEG in Sukkah Candlelighting 6:36 pm	25 17th of Tishrei
26 9-10 SS 10-12 HS	27	28	29 Hoshana Raba Candlelighting 6:28 pm	30 Shmini Atzeret 4:30-6:30 HS Simchat Torah Service 5:30 pm		

It's that time again...*cookie time!*

Registration is open for the **2nd Annual My Cookies Are Better Than Your Cookies** contest. We are hoping to make this year's contest a great success, and need your help to do so.

- 1. SPONSORSHIP** – We are looking for businesses and philanthropic individuals to sponsor this year's contest. If you would like to sponsor this year's contest, please send your tax deductible donation, payable to Sarah Seidel Sisterhood, to SARAH SEIDEL SISTERHOOD, PO BOX 245, BORDENTOWN NJ 08505, and also email Shira or Kim to let us know it is coming. If you know of a business or person who might like to participate, please invite them to do so.
- 2. ENTER TODAY** – Please visit our website <http://www.mycookiesarebetterthanyourcookies.org> to find all of the details and register for this year's contest. You can also call Shira or Kim, and we will sign you up, ***and you don't even have to go on the internet!***
- 3. WORKER BEES** – We need help publicizing and executing this event. If you would like to help – even if you don't know HOW you can help, please call or email Shira or Kim today. Simply put, we need all the help we can get!
- 4. TELL EVERYBODY YOU KNOW!**

WHAT: 2nd Annual My Cookies Are Better Than Your Cookies Contest Benefits TASK, The Trenton Area Soup Kitchen & The Sarah Seidel Sisterhood. Each entry is still only \$20 until October 6th (\$10 for children under 16)

WHEN: Sunday, October 17th

WHERE: Rutgers EcoComplex, 1200 Florence-Columbus Road
(Just off exit 52 of Rt295 in Bordentown.)

WHO: Call or email questions and pledges of support to

Kim Aubry 609-841-8965 kimaubry@gmail.com

Shira Lowry 609-288-0389 mycookiesarebetter@comcast.net

Sisterhood Oneg Schedule

SEPTEMBER				
Wed	8-Sep	7:30 PM	Erev Rosh Hashanah	
Thur	9-Sep	9:30 AM	First Day Rosh Hashanah	Randye, Karen and Eileen
Fri	10-Sep	9:30 AM	Second Day Rosh Hashanah	
Sat	18-Sep	9:30 AM	Yom Kippur Break Fast	Karen Nissim & others
Fri	24-Sep	7:30 PM	Erev Shabbat, Oneg in Succah	Robin Affrime & Faith Hupfl
OCTOBER				
Fri	8-Oct	7:30 PM	Erev Shabbat	Robin Affrime & Eileen Gale
Mon	11-Oct	7:30 PM	Sisterhood Program	Bring your favorite dessert or snack
Sat	16-Oct	9:30 AM	Shabbat Morning	Phyllis Chudoff & Mindy Fink
NOVEMBER				
Fri	5-Nov	7:30 PM	Erev Shabbat	Sharon Coleman & Marsha Dowshen
Mon	8-Nov	7:30 PM	Sisterhood Program	Ellen Werhman
Sat	13-Nov	9:30 AM	Shabbat Morning	Randi Fechter & Rachel Schwartz
DECEMBER				
Fri	3-Dec	7:30 PM	Erev Shabbat	Chanukah Party - HS
Mon	6-Dec	7:30 PM	Sisterhood Program	Debby Weiss
Sat	18-Dec	9:30 AM	Shabbat Morning	Susan Giachetti & Kim Aubry
JANUARY				
Mon	10-Jan	7:30 PM	Sisterhood Program	Ellen Wehrman & Patricia Light-Tolemeo
Sat	15-Jan	9:30 AM	Shabbat Morning	Linda Osman & Shira Lowry
Fri	21-Jan	7:30 PM	Erev Shabbat	Randye Bloom & Marcy Schwartz
FEBRUARY				
Fri	6-Feb	7:30 PM	Erev Shabbat	Charyl Morganstin & Sandy Swartzbird
Sat	8-Feb	9:30 AM	Shabbat Morning	Marcia Rosen & Madge Rosen
Mon	12-Feb	7:30 PM	Sisterhood Program	Faith Hupfl
MARCH				
Fri	4-Mar	7:30 PM	Erev Shabbat	Marsha Dowshen & Rita Nissim
Sat	12-Mar	9:30 AM	Shabbat Morning	Jen Carton & Stacy Deitch
Mon	14-Mar	7:30 PM	Sisterhood Program	Eileen Gale & Betsy Ramos
APRIL				
Fri	1-Apr	7:30 PM	Erev Shabbat	Karen Nissim & Sheila Lamonsoff
Mon	11-Apr	7:30 PM	Sisterhood Program	Phyllis Chudoff
Sat	16-Apr	9:30 AM	Shabbat Morning	Elaine Trackman & Renee Harrison
Tue	19-Apr	6:00 PM	2nd night community Seder Passover	Kim Aubry & others
MAY				
Mon	9-May	7:30 PM	Sisterhood Program- Book Review	Rita Nissim & Mimi Gellar
Sat	14-May	9:30 AM	Shabbat Morning	Anita Berson & Sonia Fenick
Fri	27-May	7:30 PM	Erev Shabbat	Rhea Goldman & Bonnie Goldman
JUNE				
Fri	3-Jun	7:30 PM	Erev Shabbat	Bar Mitzvah
Sat	4-Jun	9:30 AM	Shabbat Morning	Noah Goldberg
Mon	13-Jun	6:15 PM	Sisterhood Pot Luck	Mrsha Dowshen & Randye Bloom
Fri	24-Jun	7:30 PM	Member of the Year	Debby Weiss & Marcy Schwartz

Hebrew School Volunteer Form – 2010-2011 school year

Name (s) _____

Email _____ Phone _____

Parents are an important part of a child's Jewish education, but so is the community as a whole! The active participation of both families and congregants is critical to the strength of our school program. Please check the areas in which you would be willing to help and mail/drop off the form to the Temple. Or email the rabbi (rabbijulie@gmail.com) with the areas you can help.

We greatly appreciate your involvement and support!!

_____ General School Assistant

We need people who can help our teachers on an as-needed basis with programs and projects.

_____ Substitute Teacher

We need people who can fill in when our teachers need to miss a school session.

_____ I can fill in to teach Hebrew letters and vowels

_____ I can fill in to teach basic Hebrew reading skills

_____ I can fill in to teach a non-Hebrew lesson

_____ Hebrew Helpers

We need volunteers who are willing to serve as reading partners for our students during Hebrew class (Thursday 4:30-5:30 and Sunday 10:00-11:00). If you can sound out words and offer an encouraging smile, you have all the skill you need!

_____ I can help regularly

_____ I can help occasionally, or for a few weeks

_____ Bnei Mitzvah Helpers

We can always use more volunteers who know some of the prayers we do on Friday nights and Saturday mornings, and can help students practice them. Volunteers with an ability to read voweled Hebrew would also be able to help students review reading of their Torah and Haftarah.

_____ I can help with prayers

_____ I can help with reading

_____ Teen Class Coordinator

We have been exploring the possibility of having a teen class, but need a volunteer to take charge. The format is open, but may include monthly meetings and/or occasional field trips.

_____ Special Events Coordinator

We can always use help in coordinating special holiday programs at the school:

_____ Chanukah _____ Tu B'Shevat _____ Purim

_____ Model Passover Seder _____ Field Trip (To Be Announced)

_____ Arts resource person in the area(s) of _____

We are always looking for people who have special talents in the arts (visual arts, music, storytelling, creative movement, drama) who would like to work with our kids occasionally or serve as a resource person for us as we plan for the children.